


ADVANCED WELLBEING RESEARCH CENTRE (AWRC)

# Visitor Guide



 [www.shu.ac.uk/awrc](http://www.shu.ac.uk/awrc)

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**Sheffield  
Hallam  
University**

Advanced  
Wellbeing  
Research Centre

# Travelling to the AWRC

## Active Travel and Public Transport

### Address

Advanced Wellbeing Research Centre  
Olympic Legacy Park  
2 Old Hall Road  
Sheffield

S9 3TY

We encourage people to actively travel to the AWRC either by walking cycling or using public transport where possible.

### By Train

The nearest train stations are Meadowhall (2.6 miles) and Sheffield Centre (2.6 miles)

### By Tram

The local tram route is the yellow route. The nearest tram stop is Arena/Olympic Legacy Park (7 minute walk).

1. From the tram stop follow the path towards the English Institute of Sport (EIS) building.
2. Cross Coleridge Road and continue on the path with the EIS to your right onto Old Hall Road.
3. Continue past the UTC College Building and the AWRC is straight ahead.

### By Bicycle

There is a cycle store on site, places are limited and allocated on a first come first served basis. There is additional cycle parking outdoors.

### By Bus

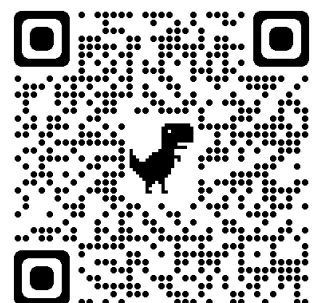
There are bus stops directly in front of the AWRC on Attercliffe Common.

- Heading towards Sheffield City Centre the stop is Attercliffe Common/Fell Road
- Heading towards Meadowhall the stop is Attercliffe Common/Clay Street

### Travel Info

You can plan your journey and see bus and tram times at the Travelmaster website:

[www.sytravelmaster.com](http://www.sytravelmaster.com)





# Travelling to the AWRC

## Travel by Car and Parking

### Directions

The AWRC is located just a 10 minute drive from J34 of the M1 and a 15 minute drive from Sheffield city centre.

From Attercliffe Common, turn onto Worksop Road, take the third left into the Park Community Arena car park.



*Parking is extremely limited across the Sheffield Olympic Legacy Park and therefore travelling by public transport and active travel is strongly encouraged*

### Car Parking

The AWRC is served by two car parks:

Worksop Road (staff and visitor) car park: S9 3TY

Leeds Road (staff and patient) car park: S9 3TU

**Both car parks have two hours free parking**

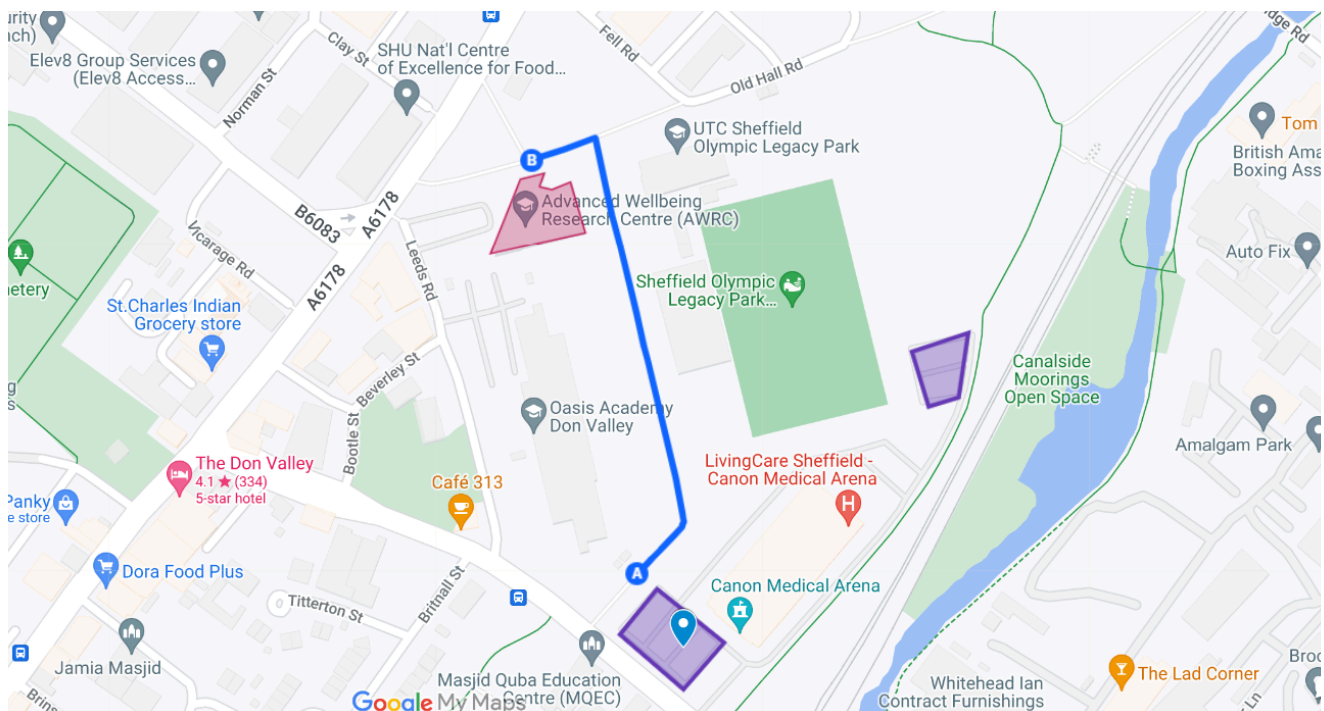


If you are staying for longer than two hours, ensure you register your car details at reception to avoid any penalty charges\* (ANPR system in operation)

## Visitor parking available at the Park Community Arena car park

All visitors should park in the purple zoned car parks. Use the walk route A to B through the Olympic Legacy park to the AWRC.

You can use this [link](#) to Google maps



\*The AWRC will not be held responsible for charges incurred where visitors do not register their car details

# Staying Active

## On the Sheffield Olympic Legacy Park

### Run & Walk Routes

Did you know the Sheffield Olympic Legacy Park is the only Olympic Park outside of a host city?

Why not make the most of your visit to the AWRC and try The Outdoor City run and walk routes around the park?

Try the short routes on the map below or visit the Outdoor City website for a 6km route plus many more routes around the city.



[www.welcometosheffield.co.uk/content/articles/the-outdoor-city-run-routes](http://www.welcometosheffield.co.uk/content/articles/the-outdoor-city-run-routes)

